# Hewing Hotel Balances Luxury, Sustainability and Cost

In 1897, long before Minneapolis and St. Paul, MN, sprawled together to form the Twin Cities, developer George Henry Andrews built an agricultural equipment warehouse in the now-hip North Loop neighborhood, just west of the Mississippi River.

Today, the brick and hand-hewn timber building stands as one of the finest luxury hotels in Minneapolis. It served many other purposes throughout its history, but none as illustrious as housing the 124-room Hewing Hotel. The hotel's name is a nod to the lumber industry that once propelled the city to its current stature.



The 124-room Hewing Hotel is one of Minneapolis' finest hotels, but the building, built in 1897 began life as an agricultural warehouse.

The Hewing Hotel is one in a modest collection of not-so-modest boutique hotels curated by Aparium, a hospitality group specialized in the conversion of historic structures into upscale accommodations.

The hotel's ambiance certainly fits the progressive, industrial chic vibe of the North Loop, thanks to ESG Architecture and Design and the work conducted by general contractor Greiner Construction. From the beginning, developers insisted that the facility perform - environmentally and fiscally - as well as it looks and feels.

The hospitality industry is known for its fierce competitiveness. High among a hotel's opportunities to reduce costs is careful scrutiny of the systems that serve it. Heating, cooling, and DHW production represent about 60 percent of the energy consumed at a hotel.





Industrial chic inside and out, the developers of the hotel insisted that comfort be the number one priority during the renovation, despite the building's age.

# **Eliminating options**

"Minneapolis is a town of temperature extremes," said Tom Suek, director of facilities at Hewing Hotel. "The comfort of hotel guests can't be approached in an offhanded manner."



Tom Suek, director of facilities at Hewing Hotel, has held maintenance roles in several of the Twin City's most prominent hotels.

Before the \$38 Million renovation began, careful consideration was given to the heating and cooling system that would serve the hotel. Reducing energy use is certainly prudent, but environmental goals needed to be carefully balanced against the responsiveness of the HVAC system specified.

Being "green" also attracts guests, especially the affluent type. The looming question for the developers was whether or not minimizing the building's carbon footprint was counter-productive to providing premium comfort while limiting upfront costs. This is especially true in a 126-year-old, 116,000-square-foot structure.

In consulting with the developer on HVAC system selection, Kelly Hauenstein, sales engineer at Schwab Vollhaber Lubratt, Inc., explored numerous options for the Hewing Hotel's HVAC system, including water source heat pumps, two- and four-pipe hydronic systems, PTAC units, VRF heat pumps, and IPS (integrated piping system).

PTAC units, while offering the lowest initial cost, were dismissed quickly because of their inefficiency, noise, and visual detraction from the interior space. Two-pipe hydronic systems, while efficient and long-lived, lacked the ability to heat one zone while simultaneously cooling another.

Water-source heat pumps and four-pipe hydronic systems were strong contenders due to their inherent efficiency and comfort, but were ultimately eliminated due to high upfront costs. VRF systems offered a middle-of-the-road alternative for initial cost, but lacked the system lifecycle that hotel management was seeking. The efficiency of VRF heat pumps in a northern climate also came into question.

"The customer kept coming back to the IPS fan coil system made by Williams Comfort Products," said Hauenstein. "It had the right price tag, and it offered system longevity and the ability to simultaneously heat and cool adjacent zones without placing noisy equipment in the guest room. The fact that an IPS system would reduce the hotel's use of refrigerants was icing on the cake."



Comfort, efficiency, and the desire to keep noisy, maintenance-heavy mechanical components out of the guest rooms led hotel developers to select an IPS hydronic system for the Hewing Hotel.

#### **Double duty piping**

IPS is a piping system that utilizes the domestic water piping for hot and chilled water delivery to proprietary, NSF 61-certified fan coil terminal units. The same hot and cold water used to supply sinks and showers is also used in the system's fan coil units. This can be achieved because there are two, constantly-circulating water lines throughout the building: one hot and one cold.

Every component within the piping system is rated for potable use. The fan coil units are built with NSF/ANSI 61 & 372 certified copper. Each component within the fan coils and within the system, such as stainless steel circulators, is NSF-61 approved.

Williams Comfort Products pioneered the IPS system and has perfected the IPS fan coil design. Over the past decade and a half, Williams systems have been installed in hundreds of buildings throughout the US and Canada.

Using the domestic piping system to carry water for the HVAC system dramatically reduces installation cost and time. Because hot and cold water are available everywhere in the building at all times, IPS systems provide simultaneous heating and cooling in adjacent zones, just like a conventional four-pipe fan coil system. The savings is realized by eliminating dedicated hydronic system piping from the scope of work.

Hot water from the DHW recirculation line is introduced to the fan coil unit via a zone valve when the room's thermostat calls for heat. After passing through the heating coil, it's returned to the DHW line.

The system's cooling function works in similar fashion. After passing through the fan coil unit, the cool water is returned to the chilled water line. The only unique element of the building's cold potable water system is the presence of a return line.

In the event that there's no call for heat or cooling for an extended period of time, Williams' exclusive control board features a coil purge timer in each fan coil unit. Per ANSI standard, the control opens the coil's zone valve for a brief period each day to eliminate the possibility of stagnation within the system.

The end result is a quiet, LEED-friendly heating and cooling system that provides significant savings on installation, maintenance and operating costs for high quality comfort. IPS installations are ideal for hospitality, assisted living, condos, apartments, or any other facility that's occupied around the clock.

In essence, IPS offers the efficiency and energy savings of a green system, but the affordability of a low-tech solution without placing noisy, maintenance-heavy components within the occupied space.

"In addition to its other benefits, IPS offers the unique ability to capitalize on economizer cooling," said Hauenstein.

## **Economizer cooling**

Because the domestic water in an IPS system serves double duty, the cold utility supply water can provide un-aided cooling so long as the water coming from the street is cool enough. This is called economizer cooling. In the case of the Hewing Hotel, utility water enters the building at an annual average temperature of 49°F.

During late summer, when utility water may be too warm to completely satisfy the cooling demand, a chiller is typically used to supplement cooling capacity for the cold water recirculation loop. To ensure safety of the potable water, the chiller is isolated from the domestic water via a dual-wall heat exchanger.



An air-cooled chiller is used to supplement cooling capacity for the IPS system.

To further increase system efficiency, the cold water return line is used as a source of makeup water for the hot water system. After being used to satisfy various cooling loads throughout the building, the cold water return is warmer than utility water coming in from the street.

#### Mechanical design and components

"Modern Heating and Air contacted me for the design assist on this project, said Hauenstein. "There was some early resistance to the concept because none of the parties involved had installed an IPS system before. Ultimately, the cost savings provided by the IPS approach overcame the resistance. Shortly after, I worked with Steen Engineering to modify their drawings."

Modern Heating and Air worked on installing the hot and cold recirculation loops throughout the gutted structure while also preparing the mechanical room for the changes needed.



Two redundant atmospheric boilers provide supplementary heat for the building's IPS fan coil system.

"There are three boilers here now," said Suek. "Two large Clever Brooks boilers were existing, and Modern added an Aerco condensing boiler. The existing boilers were, and still are, redundant. They're only needed in the dead of winter when the call for heat exceeds the capacity of the high-efficiency boiler. Even then, the larger boilers rotate lead and have never both been needed."



A large condensing boiler provides primary heat for the building's IPS fan coil system.

"The hotel's Trane BAS stages the boilers based on demand," continued Suek, who, along with the rest of the maintenance crew, handles upkeep of the various systems within the hotel.



Tom Suek, director of facilities at Hewing Hotel, checks the supply water temperature on the building's primary boiler.

Isolated from the boilers by a large plate-and-frame heat exchanger, four, 200-gallon Niles Steel Tank storage vessels provide ample standby capacity for the DHW and heating system. The hot water loop is circulated by pair of redundant Taco pumps.



Four, 200-gallon hot water tanks provide storage for the building's DHW and IPS hydronic systems.

Throughout the building's guest rooms and common areas, 126 Williams LH-R fan coils are installed above the ceiling. The LH-R fan coil, with a rear return-air plenum, is available in capacities between 200-1200 CFM. Fan coils in common areas are controlled by the BAS, while guest rooms are controlled individually by the occupant.



The Williams Comfort Products IPS fan coil units are concealed within the ceiling of guest rooms and common areas.



Guest rooms are heated and cooled by a Williams Comfort Products IPS fan coil unit.

For air conditioning, the fan coils can receive cool water from three sources. In the summer, when economizer cooling isn't sufficient, either the Krack dry fluid cooler or a Daiken air cooled chiller supplement the cooling capacity. Which unit is placed in operation depends on the ambient outdoor temperature.

### Maintenance and savings advantages

"I really appreciate the simplicity of the IPS system," said Suek, who has worked in hospitality maintenance for years. "I've maintained an old sky scraper with a radiant system that presented major zoning and balancing issues, in part because it wasn't installed correctly. I've also maintained a water-source heat pump system. Comparatively, the IPS system has been the best from a comfort and maintenance perspective."

According to Suek, he's only experienced several small maintenance issues with the HVAC system at Hewing Hotel, and that was before a water treatment system was installed. Several actuators scaled up and failed.



Tom Suek, director of facilities at Hewing Hotel, checks a Williams Comfort Products IPS fan coil unit in one of the 124 guest rooms.

"Minneapolis has very hard water," he said. "Once we installed a water softening system, we've had far fewer scaling issues. And even when there's an issue, the IPS system is very easy to work on. This is a pain-free HVAC system with fantastic comfort levels all throughout the building."

"Within the first six months of opening the hotel, we realized that the new HVAC system provides fantastic energy savings," said Andy Lushi, who managed the Hewing Hotel's mechanical systems for three years. As Suek's predecessor and the hotel's first director of facilities, Lushi was quick to compare the energy performance to that of other similar buildings within the company's family of hotel properties.

"We realized a 50 percent cost savings at the Hewing Hotel compared to other 100-room properties of about the same size within our network," he continued. "This was no doubt the result of pairing a high efficiency boiler with the IPS system. I was shocked by the results and recommended IPS for our other properties."

The system performs as intended, by lowering upfront and operating costs, reducing the hotel's environmental impact and optimizing occupant comfort.

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